



AESTHETIC Gynecology

Course



Introduction to Aesthetic Gynecology

- Shifting from traditional gynecology to Aesthetic Gynecology.
- Applied anatomy of female intimate area.
- Pathophysiology of female aging process.
- Determination of patient complain & consultation.
- Selection of the most suitable methods for patient satisfaction.

Female Sexual Dysfunctions

- Low sexual desire.
- Sexual arousal and orgasmic disorders.
- Changes in the anatomical sizes of the female.
- Sexual pain disorder. Causes and management.
- Vaginismus. Causes and management.

Vaginal Mommy Makeover Non-surgical approach of Aesthetic Gynecology

Platelets-Rich Plasma (PRP)

- Preparation and its role in vaginal rejuvenation & enhancement of sexual arousal.
- G-Spot and O-Shot augmentation.

Filler types, function & methods of injection

- Labia majora augmentation.
- Vaginal rejuvenation & enhancement of sexual arousal.
- Hydration.
- Scientific views on vaginal laxity syndrome.
- Hyaluronic acid versus platelets-Rich Plasma (PRP) versus Microfat stromal vascular tissue grafting.

Non-surgical approach of Aesthetic Gynecology

Botulinum Toxin for:

- Vaginismus.
- Caesarean Scar.

Mesotherapy for:

- Vaginal Rejuvenation.
- Vaginal Whitening.
- Lipolysis.

Threads for:

- Vaginal Tightening.
- Vulvar Lifting.
- Vaginal Rejuvenation.

Peeling:

- Peeling and bleaching of female intimate area.

Energy-Based Devices (EBD):

- Why and when should gynecologists use energy-based intravaginal therapy?
- Different types of Energy-Based Devices.
- Mechanize of working.

Role of Energy-Based Devices in:

- Stress urinary incontinence.
- Vaginal tightening.
- Vaginal resurfacing.
- Vaginal rejuvenation.
- Non-surgical vulvar skin tightening.

Surgical approach of Aesthetic Gynecology

Surgical management of vaginal abnormalities

- Vaginal prolapse.
- Anterior and posterior repair.
- Perineoplasty.

Surgical management of vestibular abnormalities

- Vaginal rejuvenation (Vaginoplasty).
- Types of labia minora hypertrophy.
- Proper examination of labia minora hypertrophy & clitoral hood.
- Labiaplasty: indications, types of surgeries.
- Labiaplasty of labia minora & labia majora.
- When to choose vaginoplasty & perineoplasty.
- Classic technique of labia minora plasty & clitoral hood reduction.
- Mons pubis liposuction.
- Bartholin cyst.

Surgical management of valvur abnormalities

- Mons pubis liposuction and lifting.
- Labia majoraplasty and liposuction.
- Labia majora augmentation.
- Labia minora reduction.
- Clitoris hoodoplasty.

How to promote your new Aesthetic Gynecology subspecialty?